

Child Nutrition Program ----- January 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Tenders Dinner Roll Green Beans Fresh Carrots Fruit	4 Toasted Cheese Sandwich Tomato Soup Fresh Carrots Fruit	5 Chicken Quesadilla Spiral Fries Dinner Roll Fresh Carrots Fruit	6 Cheeseburger on a Bun Baked Beans Fresh Carrots Fruit	7 Cheese Pizza Romaine Salad Fresh Carrots Fruit
10 Chicken Drumsticks Dinner Roll Carrot Coins Fresh Carrots Fruit	11 Hamburger on a Bun Corn Fresh Carrots Fruit	12 Rotini w/Meat Sauce Green Beans or Salad Fresh Carrots Fruit	13 Hot Dogs on a Bun Baked Beans Fresh Carrots Fruit	14 Cheese Pizza Broccoli w/ranch Fresh Carrots Fruit
17 Chicken Patty Sandwich Green Beans Fresh Carrots Fruit	18 Meatball Sub Broccoli Fresh Carrots Fruit	19 Cheesesteak Sub Carrot Coins Fresh Carrots Fruit	20 Chicken Teriyaki Rice or dinner rolls Baked Beans Fresh Carrots Fruit	21 Cheese Pizza Corn Fresh Carrots Fruit Cup
24 Chicken Tenders Dinner Roll Carrot Coins Fresh Carrots Fruit	25 Mozz Breaded Cheese Sticks Marinara Sauce Cup Corn Fresh Carrots Fruit	26 Mini Corn Dogs Green Beans Fresh Carrots Fruit	27 Cheeseburger on a Bun Baked Beans Fresh Carrots Fruit	28 Cheese Pizza Romaine Salad Fresh Carrots Fruit
31 Chicken Drumsticks Dinner Roll Carrot Coins Fresh Carrots Fruit	February 3 Hamburger on a Bun Corn Fresh Carrots Fruit	4 Macaroni & Cheese Dinner Roll Green Beans Fresh Carrots Fruit	5 Chicken Quesadilla Fiesta Beans Fresh Carrots Fruit	6 Cheese Pizza Broccoli w/ranch Fresh Carrots Fruit

Menu subject to change without notice.

Student's may take 3 out of the 5 meal components
Offered Daily: Milk: 1% White, NF Chocolate
Required to take a FRUIT and/or VEGETABLE
Fresh Fruit & Vegetables may include apples, oranges,
bananas,
1% White Milk or Non-Fat Chocolate Milk
seasonal fruits, carrots, celery, broccoli, cauliflower,
tomatoes,
side salads & seasonal veggies

“Your school provides Breakfast everyday!”

